



PILGRIMAGE OF HOPE

The Catholic Parishes of
Grovely-Samford and Mitchelton
31st August 2025



Welcome to the Parish Pilgrimage.....

This a self-guided pilgrimage, where we have the opportunity to reflect and pray along the way. You will be welcomed at each school by members of College Leadership. Keeping in mind the pilgrimage culminates with the 5:00pm celebration of Mass at St Williams, participants may wish to join in the walking crowd or make their own ways to the prayer spots in the manner that suits you. There are organised timings for each stations. The prayers that follow in this booklet are a suggestion for personal reflection and quiet meditation as pilgrims pause at the various stations. Pilgrims may well silently pray in other ways as they journey along. We set out on this walk of faith as Pilgrims of Hope, praying for our communities, families, friends and those in need.

Commencing at Sacred Heart Church Samford Mass 8am

followed by pilgrimage to

St Andrews Catholic Primary School 10:30am

Our Lady of Dolours Catholic Primary School 12 noon

Mt Maria College 1:30pm

St William's Catholic Primary School 3:30pm

St William's Mass 5pm

Walk, drive or cycle with us on our journey

Purpose for the Pilgrimage of Hope

- As a celebration of the Jubilee Year of Hope.
- Celebrating our faith community by joining as one.
- Encountering God in our lives and in our community.
- Recognising and praying for our Church and wider community.
- Opening the doors of faith.

Dear Pilgrims,

Life is a journey—and you're not walking it alone. Every one of us is on a path, searching for meaning, for love, for something more. That's what a **pilgrimage of hope** is all about. It's not just about going somewhere; it's about discovering who we are and who God is calling us to be.

Pope Francis said, *"Life is a journey. When we stop, things don't go right."* That's why we keep moving forward, even when it's tough. Hope is what keeps us going. It's not pretending everything is perfect—it's trusting that God is with us, even when things are messy.

Hope is powerful. It's what helps you get up after a bad day, what gives you strength when you feel alone, and what reminds you that your life has purpose. The world might try to make you feel small or discouraged, but God sees greatness in you.

And here's the best part: we don't walk alone. We walk **together**. As Church, as friends, as a community. Pope Francis calls us *"pilgrims of hope and builders of peace."* That means we're not just walking for ourselves—we're walking for others too. For those who are hurting, for those who feel forgotten, for those who need someone to believe in them.

So what does this look like in real life? It's choosing kindness when it's easier to ignore. It's standing up for someone who's being left out. It's praying when you don't have the words. It's trusting that God has a plan, even when you can't see it yet.

Mary, the Mother of Jesus, walked her own pilgrimage of hope. She trusted God completely, even when she didn't understand everything. Let's ask her to walk with us too.

So keep walking. Keep hoping. Keep believing. Because your journey matters—and God is walking every step with you.



Fr. Nigel Sequeira

Parish Priest

The Catholic Parishes of Grovely-Samford and Mitchelton

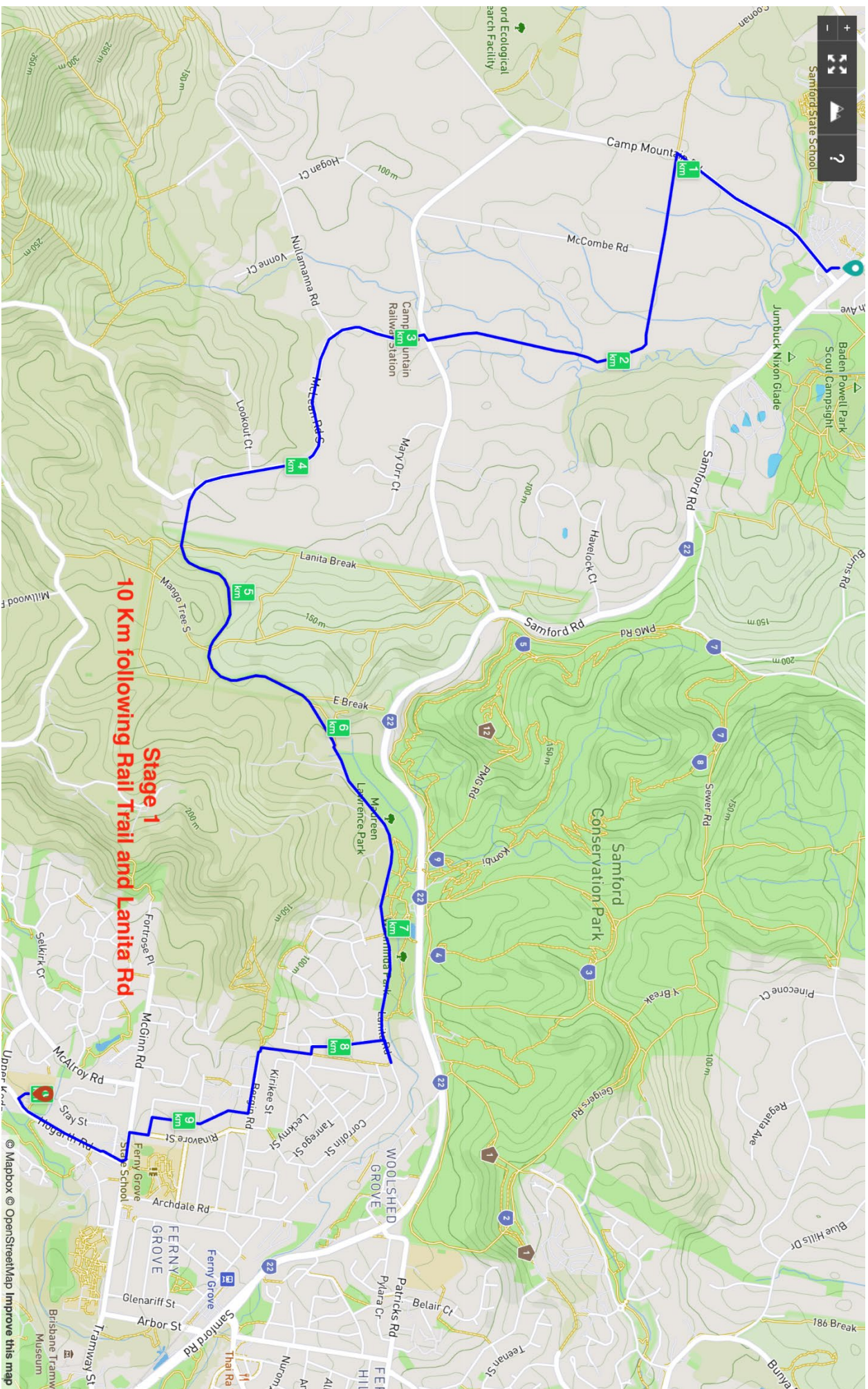
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Stage 1
10 Km following Rail Trail and Lanita Rd



Station 1: St Andrew's Primary School Ferry Grove

In this Jubilee year St Andrew's celebrates 40 years.

Welcome! We invite you to take time to sit on the hill. Today we will invite you to take time to reflect on a scriptural text using an ancient form of prayer known as Lectio Divina. The process is written below.

As part of this is included some thoughts from the founding principal Sr Marie Casamento. As we reflect on 40 years of St Andrew's in this pilgrim year, we are invited to consider the role schools play in educating future generations who will need to meet the challenges of today and the future. As Pope Francis called us to be Pilgrims of Hope, we recognise the challenges faced by the world and the importance of imparting a sense of hope in our children.

Lectio Divina

1. Lectio – reading

Read the scripture text aloud or quietly, be slow and thoughtful with your reading

2. Meditatio – meditating

Read aloud until a word or phrase stands out to you. Sit with that word or phrase and allow it to make an impression on you. Notice how you feel about it. What is it saying to you in your life right now?

3. Oratio – praying

Pray using the word or phrase that stood out for you. This prayer is a result of your experience of the Scripture. Pray for the grace to devote yourself to what God is calling you to be.

4. Contemplatio – contemplating

Sit in silence for a while, reflecting on the Scripture passage and how God is working in your life today. In particular how are you called as a pilgrim of hope.

5. Actio – action

Give thought to what you can do to make the change you have been called to make. Reach out to others in prayer or in person. Keep coming back to the prayer every time you think of it through the day.

The First Disciples of Jesus (Lectio) John 1:35-42

The next day John again was standing with two of his disciples, and as he watched Jesus walk by, he exclaimed, "Look, here is the Lamb of God!" The two disciples heard him say this, and they followed Jesus. When Jesus turned and saw them following, he said to them, "What are you looking for?" They said to him, "Rabbi" (which translated means Teacher), "where are you staying?" He said to them, "Come and see." They came and saw where he was staying, and they remained with him that day. It was about four o'clock in the afternoon. One of the two who heard John speak and followed him was Andrew, Simon Peter's brother. He first found his brother Simon and said to him, "We have found the Messiah" (which is translated Anointed^[1]). He brought Simon^[2] to Jesus, who looked at him and said, "You are Simon son of John. You are to be called Cephas" (which is translated Peter^[3]).

First Principal's Sr Marie Casamento reflections on the beginning of St Andrew's school

The design for the logo was created by Patricia Murray from Woolloongong. At the time she was a Good Samaritan Sister. The design is of the children holding hands around the Word, or the Book of Gospels and goes with the motto to 'Attend with a Listening Heart' and the name St. Andrew's School.

We joined with St William's School staff prior to school beginning for a staff day conducted by Dr. Kevin Treston. For his address he spoke of the gospel way of life and mentioned the contributions religious orders had contributed to education. He said he particularly liked St. Benedict's call for his monks in the school of the Lord's service, to 'Attend with a listening heart' and went on to illuminate the text.

Several of the initial staff nudged me as we sat in a row and said 'the motto for the School'? Thus working on that as a motto, and the name suggested by Fr. Brian Daley, we put it to the parents and the rest is history.

Andrew was the apostle who led his brother Peter to Jesus, hence we focused on recognising Jesus in our midst and in each other. Andrew was the apostle who found the child with the five loaves and two fishes, hence the educational philosophy centred on seeing the potential in each child. Andrew being one of the twelve hence the joining of hands on the journey because any journey in life is a community, a 'we' together journey.



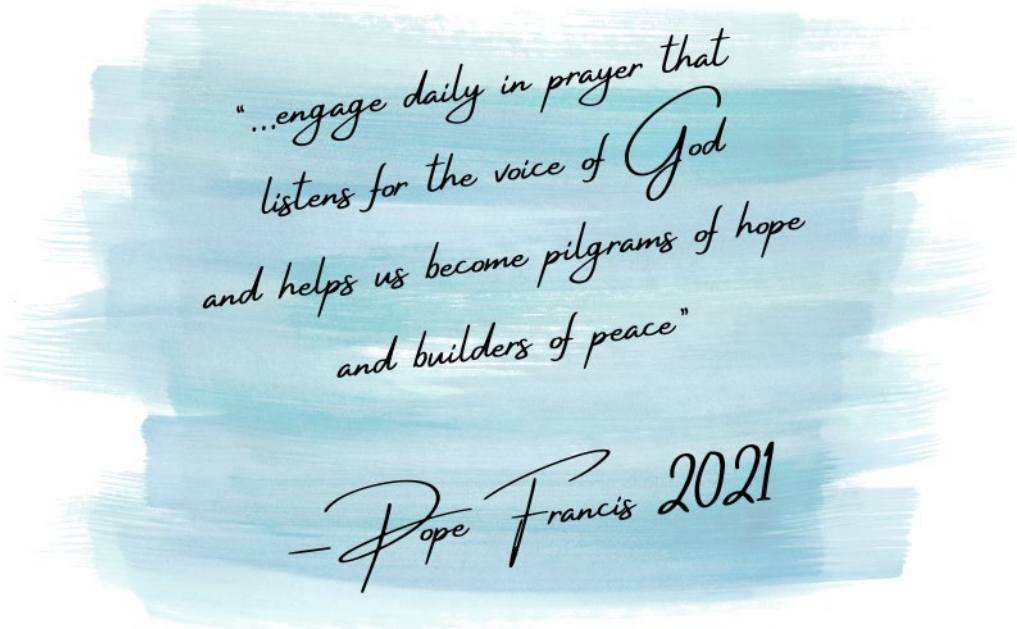
Reflection Questions

Andrew is a man who pays attention – he follows Jesus and tells his brother Simon “We have found the messiah”. When have you paid attention and noticed or felt Christ present in your life?

How can you practice listening with the ear of your heart? Who needs to be heard with heart?

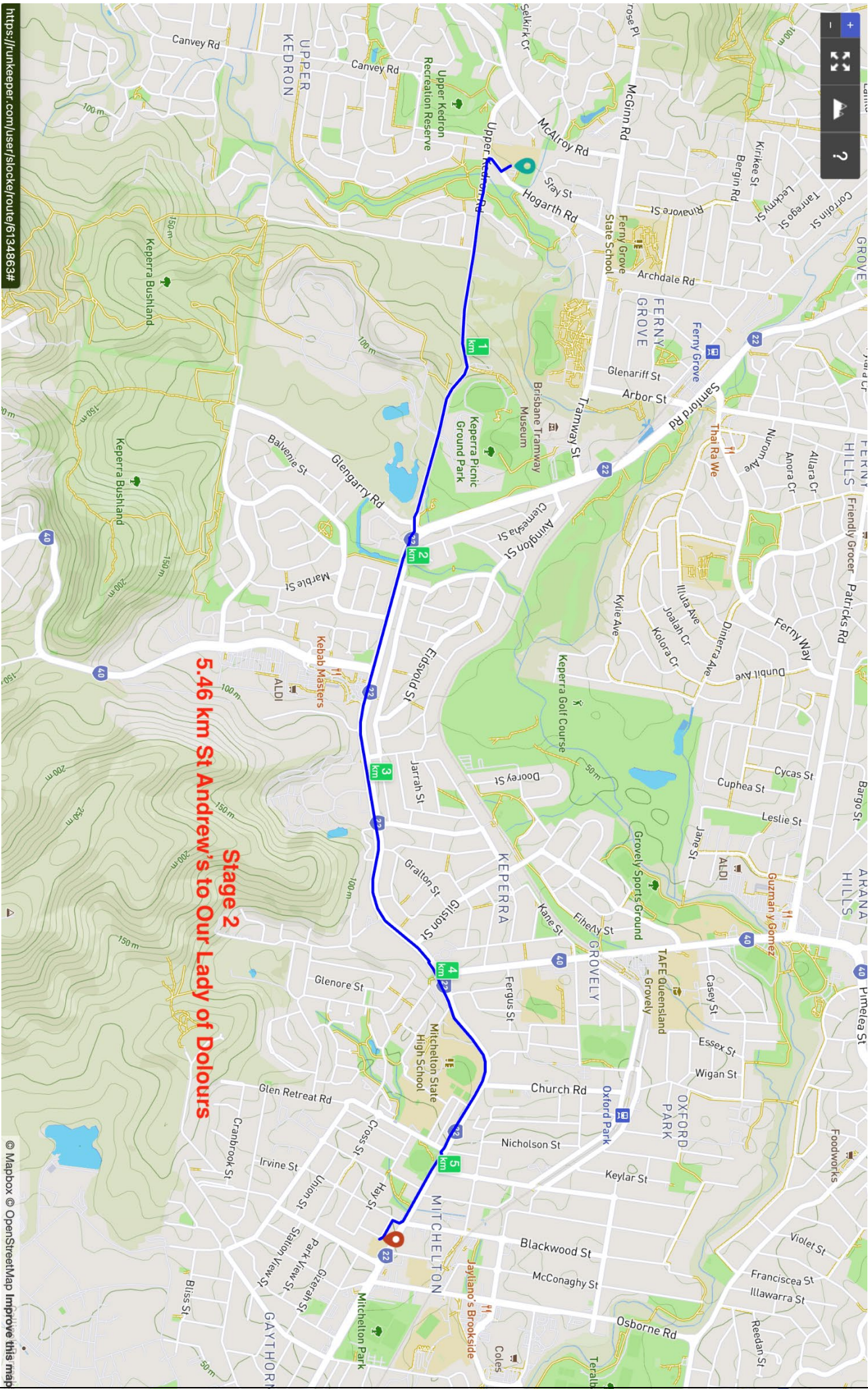
Andrew is an apostle who shows initiative and courage. Reflect on someone you know who have these qualities – bring them to heart and mind? What other qualities do they demonstrate?

Every community has its beginning – the Christian community, our own St Andrew's community. How do you contribute to the vitality of the communities to which you belong?



*“...engage daily in prayer that
listens for the voice of God
and helps us become pilgrims of hope
and builders of peace”*

— Pope Francis 2021



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Station 2: Our Lady of Dolours Parish Church Mitchelton

We come to Our Lady of Dolours Church today as pilgrims on a journey, our own journey. At this church we remember the sorrows that crossed Mary's life, and seek her comfort and encouragement as we reflect on our own.

Mary has many titles but under the title of Our lady of Dolours we have the opportunity to contemplate seven events in her life which are recognised as the seven sorrows that cover the life span of Jesus and were occasions of sufferings for His mother. Knowing Mary's experience our faith encourages us to go to her for strength and support when our own journey presents burdens, sometimes heavy ones that seem too hard to carry alone.

The seven sorrows for meditation and reflection are:

1. The Prophecy of Simeon: Simeon prophesies that a sword (of sorrow) will pierce Mary's soul as she presents Infant Jesus in the Temple.
2. The Flight into Egypt: Mary and Joseph flee to Egypt with the Infant Jesus to escape King Herod's persecution.
3. The Loss of Jesus in the Temple: Mary and Joseph search for the young Jesus for three days, eventually finding him in the Temple.
4. Mary meeting Jesus on the way to Calvary: Mary encounters her son, Jesus on the road to his crucifixion, witnessing his suffering.
5. The Crucifixion of Jesus: Mary stands at the foot of the cross as her son Jesus is crucified.
6. The taking down of Jesus from the cross: Mary receives her son's body after his crucifixion.
7. The burial of Jesus: Mary witnesses the burial of Jesus, experiencing the finality of his death.

Mary's faith enabled her to hope and always trust in God, so we pray that she will be our constant companion as we continue our life's journey and encounter our own sorrows from time to time.

Caring for Our Common Home – Inspired by Pope Francis and Laudato Si'



Reflection Journey

Scripture: Genesis 2:15

The Lord God took the man and put him in the garden of Eden to till it and keep it.

Laudato Si' and Pope Francis remind us that caring for creation is both a spiritual calling and a responsibility we share as members of the human family. Our earth, "our common home," is a precious gift entrusted to us by God. Every tree, river, and creature is part of a delicate balance that sustains life. When we protect and nurture the environment, we honor the Creator and safeguard the wellbeing of all, especially the most vulnerable. In our modern lives, it can be easy to forget our connection to nature amidst routines and distractions. Pope Francis urged us to slow down, notice the beauty around us, and recognise how our actions—big or small—have an impact on the world. By making mindful choices and treating the earth with respect, we sow seeds of peace and hope for future generations.

Please take time to find a spot on the oval to sit and enjoy God's goodness all around you.

As you embark on your "Care for Creation" meditation, pause and breathe mindfully. Feel the ground beneath your feet as a reminder of God's presence in all things. Consider carrying a leaf or small stone as a sign of your intention to protect our planet.

As you ponder the call to stewardship, consider these further questions for reflection:

- In what ways do I experience God's presence in nature?
- How can I foster greater gratitude for the earth's gifts?
- What habits might I change to reduce harm to creation?
- Who inspires me to care for our planet, and how can I encourage others?
- How do my spiritual beliefs shape my response to the environmental challenges facing our world?
- How do my daily choices affect the environment?
- What can I do to bring healing and peace to the earth—our common home?

Pilgrimage Prayer

Creator God,

Open our hearts to see your handiwork in all of creation. Help us to care for the earth with wisdom, gratitude, and compassion. Strengthen us to be faithful stewards, living in harmony with all that you have made. May our actions bring renewal and peace to our world.

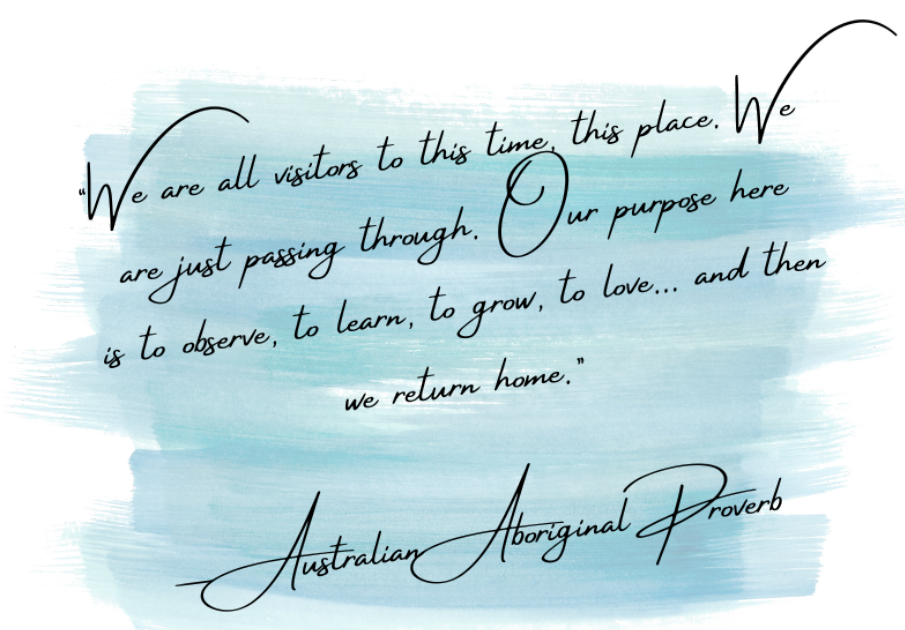
Grant us the humility to recognise our dependence on the land, air, and water you have given. Teach us to walk gently upon the earth, honouring the beauty and diversity of every living thing. May we be attentive to the silent cries of creatures and habitats in distress, and courageous in speaking and acting on their behalf.

Guide us as we seek new ways to live simply, to share resources generously, and to heal what has been wounded by our neglect. Inspire us to cherish the small daily miracles—the changing seasons, the song of birds, the sheltering shade of trees—and to offer thanks for your boundless gifts.

Bless those who lead, educate, and advocate for the health of the planet; empower us to join them as instruments of justice and hope. Unite us as a global family, so that we may work together for a world where all can flourish.

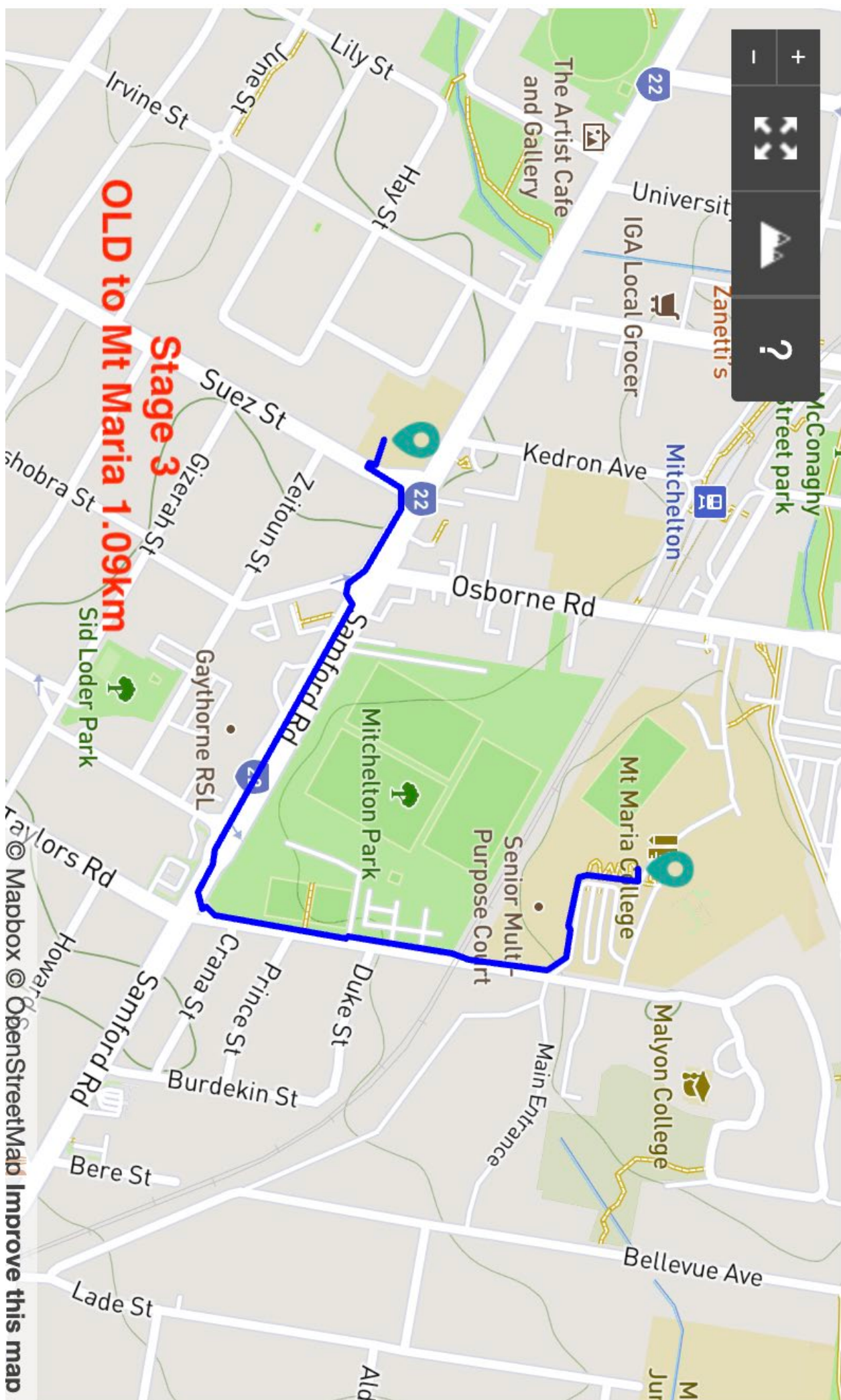
May your Spirit move within us and among us, awakening reverence, gratitude, and resolve, so that future generations may rejoice in the beauty and abundance of your creation.

Amen.



"We are all visitors to this time, this place. We are just passing through. Our purpose here is to observe, to learn, to grow, to love... and then we return home."

Australian Aboriginal Proverb



Stage 3
OLD to Mt Maria 1.09km



Station 3: Mt Maria College Mitchelton

**A learning community within the Catholic parishes of
Grovely Samford and Mitchelton**

**Mt Maria
College**

Mitchelton

Luke 2: 52

And Jesus increased in wisdom and in years, and in divine and human favour.

"The Catholic school is a life-giving servant community with Christ as its cornerstone, the kingdom as its vision and evangelisation as its mission.

The Catholic parish is a living community where the good news is proclaimed, and the sacrament celebrated, so the kingdom of God is revealed through justice, love and peace."

Welcome to Mt Maria College. We pause on this Pilgrimage of Hope to reflect and to pray.

For a century this has been a place of care and learning for our young people. For millennia before, this land has held sacred significance to the Yuggerah and Turrbal peoples as traditional knowledge has been passed on and celebrated in ritual, dance and story.

May we recall the vision of our late Pope Francis -*education is an audacious act of Hope.*

We pray in thanks for this community of faith and learning, enriched by the vision and commitment of the Sisters of Good Shepherd, the Good Samaritan Sisters and the Marist Brothers. We acknowledge and bless all those who, in religious life, have served here, and the many women and men of faith who have worked alongside them.

Pause in silent prayer.

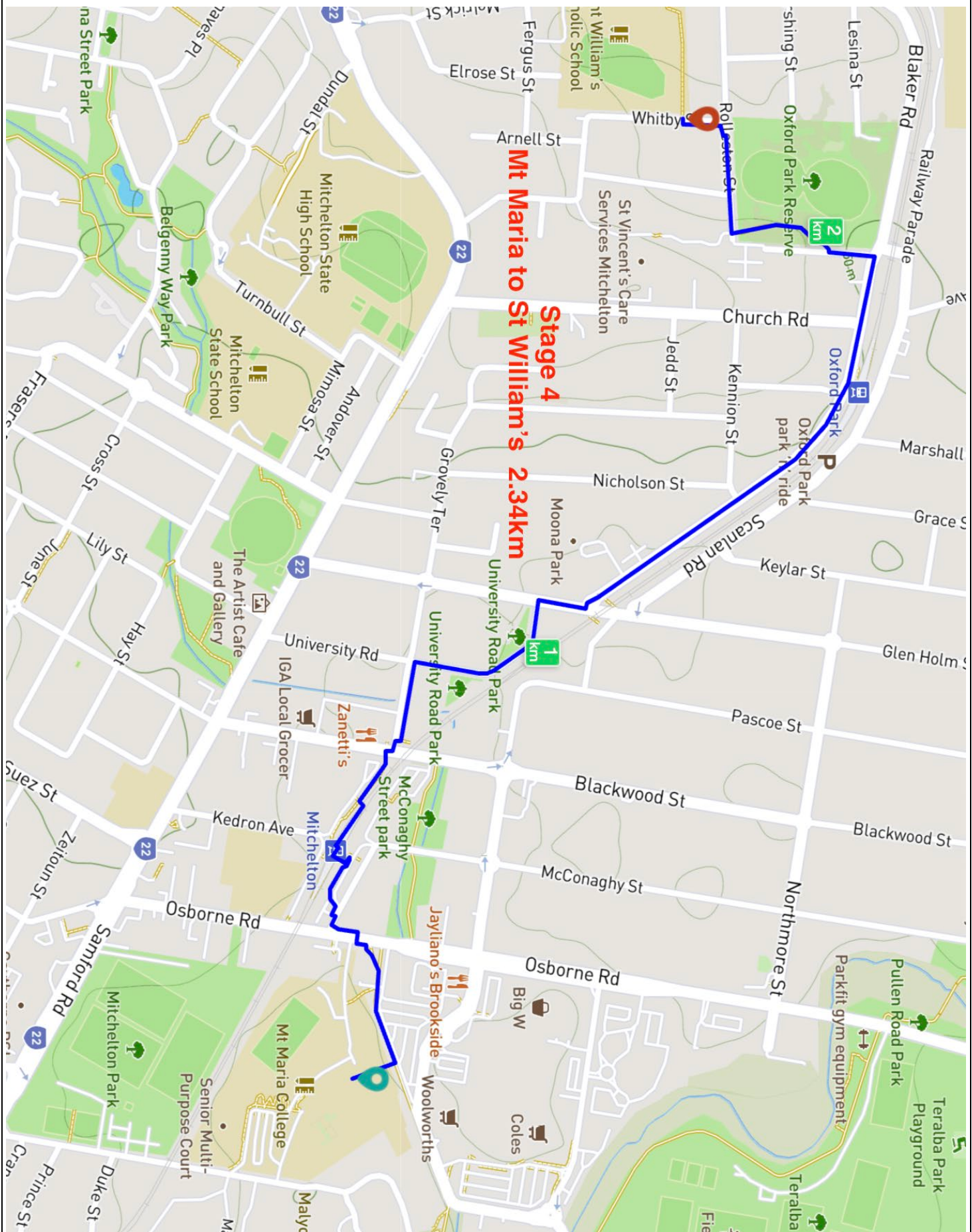
Reflection Questions

- How am I growing in wisdom, grace, and favour — spiritually, emotionally, and relationally — as Jesus did?
- How do I experience my Catholic parish as a place where the Good News is proclaimed and the Kingdom of God is revealed through justice, love, and peace?
- What does it mean to walk this land with reverence — honouring the sacred traditions of the Yuggera and Turrbal peoples and the courageous hope of Catholic education?

God of Hope, we ask for the outpouring of your grace in our community. May we respond in faith by supporting all who work in our pastoral, educational and parish ministries. Bless their efforts so that our students and parishioners may grow in faith, knowledge and wisdom, evermore becoming the people you created them to be. Let your Spirit stir within us a deep desire as we walk this Pilgrimage of Hope — to be audacious in our faith, steadfast in our compassion, and joyful in our witness.

Amen.







Station 4: St William's Primary School Grovely

Scripture: John 14:27

Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

Labyrinth Walk

A labyrinth is a guided symbolic, meditative "journey" into the "center" of ourselves. Labyrinths are complex, geometric designs which follow one long path that leads to the center and always leads back out to the beginning. They have no wrong way and are not intended to trick or confuse like a maze! They cause us to stop the daily routine, slow down and walk unfamiliar ways so that we can think about who we really are and what life is about.

Make your way to the St William's Labyrinth on the school oval, walk through the Charism Walk to the Labyrinth

Before you begin, center yourselves with mindful breathing and relax your body

Take a pilgrim stone with you as you start the walk. As you walk reflect upon your pilgrimage journey ask yourself;

- ◇ How has the journey brought you peace?
- ◇ how will you take that peace into your daily life?
- ◇ What are the barriers to you finding peace in your life?
- ◇ How can a sense of peace provide renewed hope in your life?

After making your way through the labyrinth and returning to the start stop and reflect, leave your pilgrim stone by the Charism Walk.



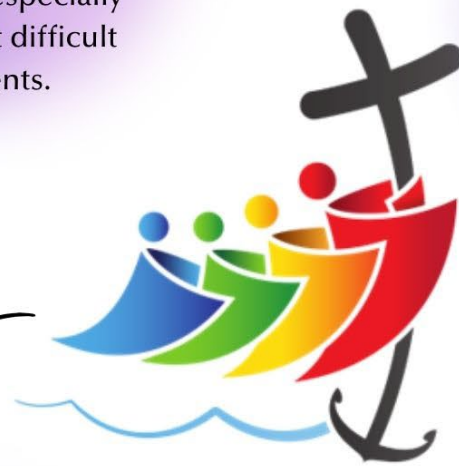
The Jubilee 2025 Logo

The Cross of Christ is the hope that cannot ever be abandoned because we are always in need of it, especially in the most difficult moments.

The Cross in the shape of a sail, is transformed into an anchor that imposes itself over the waves in motion. A universal symbol of Hope.

The figures represent humanity from the four corners of the World. They are embracing each other to illustrate the solidarity between the peoples, as the first holds onto the cross.

The rough sea is a reminder of the difficulties of the pilgrimage of life. Often, personal events as well as those of the world, press on us more intensely, demanding a greater hope.



The Jubilee Prayer

Father in heaven,
may the *faith* you have given us
in your Son, Jesus Christ, our brother,
and the flame of *charity* enkindled
in our hearts by the Holy Spirit,
reawaken in us the blessed *hope*
for the coming of your Kingdom.

May your grace transform
us into tireless cultivators of the seeds
of the Gospel.

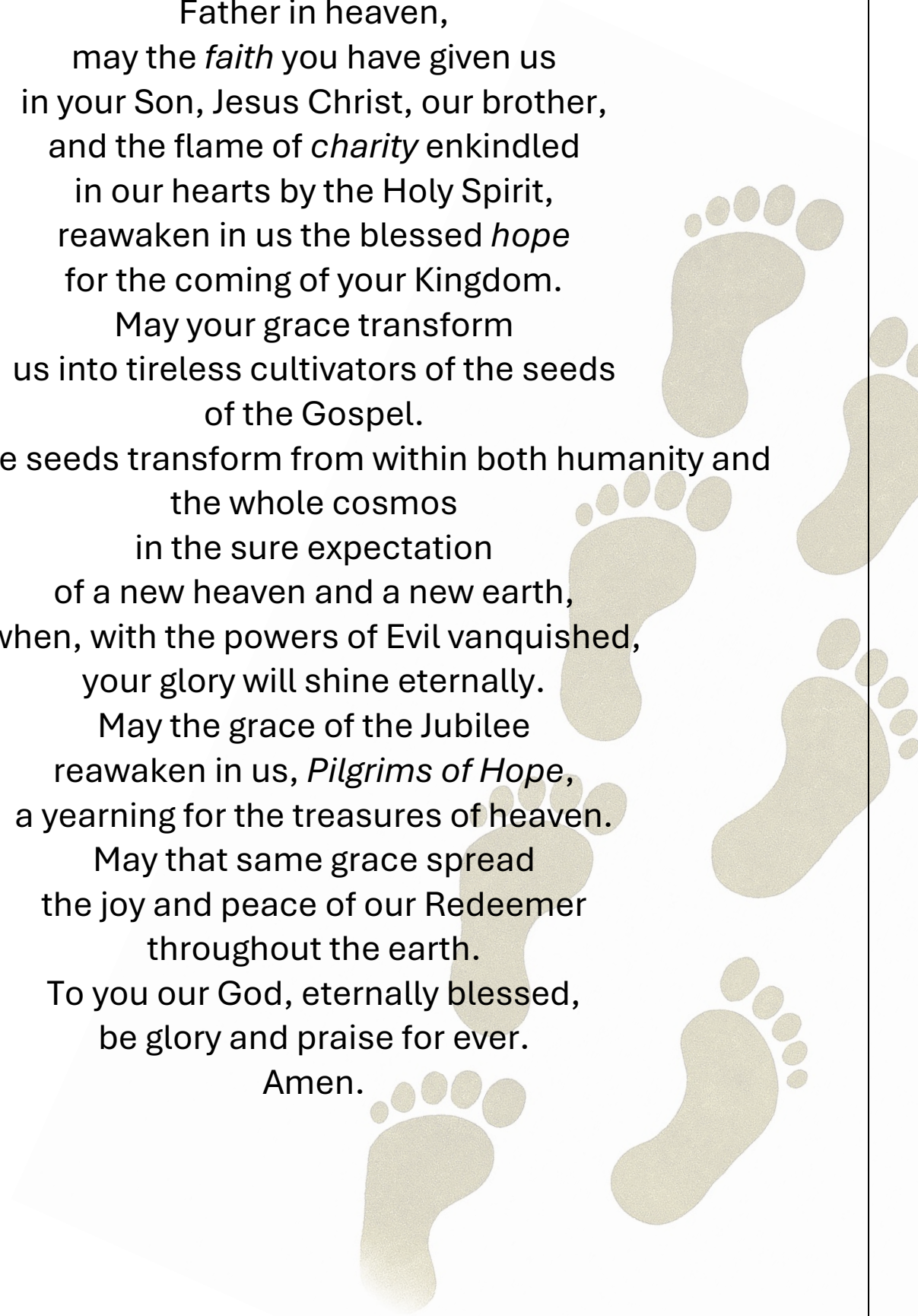
May those seeds transform from within both humanity and
the whole cosmos
in the sure expectation
of a new heaven and a new earth,
when, with the powers of Evil vanquished,
your glory will shine eternally.

May the grace of the Jubilee
reawaken in us, *Pilgrims of Hope*,
a yearning for the treasures of heaven.

May that same grace spread
the joy and peace of our Redeemer
throughout the earth.

To you our God, eternally blessed,
be glory and praise for ever.

Amen.



*Write your own prayer or
reflection along your
journey...*



We are deeply grateful to each of you for participating in our Parish pilgrimage. We hope your day has been peace filled, hope-filled, and a meaningful step on your journey of faith. May the spirit of pilgrimage continue to guide and inspire you.